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This engaging and beautifully designed text integrates theoretical and research based basic exercise physiology with real-world application to prepare students for exciting positions in exercise science, fitness, physical education, athletic training, rehabilitation, coaching and/or allied health professions.

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Plowman & Smith, Exercise Physiology: For Health, Fitness ...

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Exercise Physiology for Health Fitness and Performance ...

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Telehealth Exercise Physiology - Bodytrack

Due to the escalation of COVID-19 cases, our in-person instruction and services plans may be modified to continue to protect the health and safety of our communities. Fall classes start August 24. Go to LearnSafe website for more information or call 480-784-0999. Services will continue to be offered remotely via phone, email, and online.